



TIMELESS WISDOM AT WORK

SERVE SOMEONE

Done selflessly, to serve someone clarifies the mind and purifies the heart. We have the saints of all traditions as exemplars of such service. In addition, our beloved Bhagavad Gita and the profound novel "Journey to the East" by the German author Hermann Hesse provide an eloquent and deep understanding and guide for servant leadership, and the dire need to develop such leaders — women and men who can focus on action, not the fruit of action. SCL is dedicated to such work, and will engage anyone interested to learn how to truly serve, albeit imperfectly, as we bump along here also. A question we often begin a coaching conversation with around serve someone is, "When do you receive service with no strings attached?"

Inquiry

What is the simplest way you can think of to serve someone?

Right action

Work at a homeless shelter or food kitchen for a day

